

September 2026

MAVERICKS CAFÉ MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NUTRITION INFORMATION PORTAL September 2026
	1 Breakfast Blueberry Muffin Cereal Bowls Cheese Strings Fruit Juice /Chilled Fruit Lunch Hot Dogs w/ Chili Baked Beans / Cole Slaw Ham / Turkey Salad Grapes	2 Breakfast Sausage Biscuit Yoga / Cereal Bowls Fruit Juice / Chilled Fruit Lunch Popcorn Chicken Mashed Potato /Lima Beans Wheat Yeast Rolls Sherbet	3 Breakfast Pancakes Bacon / Sausage Cereal Bars Chilled Fruit / Fruit Juice Lunch Chopped BBQ Sandwich Baked Beans Creamy Cole Slaw Orange	4 Breakfast Cereal Bowls Pop-Tart / Cheese String Fruit Juice / Chilled Fruit Lunch Corn Dogs Sun Chips Celery Stick Apple Sauce Cups	Assorted Fat Free Milk, Fruit & Fruit Juices Offered Daily for Breakfast ALL STUDENTS IS CEP All Grain Products served meets the USDA nutritional whole grain requirements This institution is an equal opportunity provider. Esta institucion es un proveedor que ofrece igualdad de oportunidades.
7 Labor Day	8 BREAKFAST Blueberry Muffins / Cereal Bars Flavored Yogurt / Broccoli Fruit Juice / Chilled Fruit LUNCH Assorted BBQ Sandwich Creamy Cole Slaw / Baked Beans Grilled Chicken / Ham Chef Salad Crackers / Condiments Golden Apples	9 BREAKFAST Pop-Tart / Assorted Cereal Chilled Fruit. Fruit Juice LUNCH Turkey / Ham / Cheese Sandwich Lettuce / Tomato Slice / Carrots Baked Lay's Chips Turkey / Ham Chef Salad /Crackers Chicken Salad w / Lettuce/ Tomato Peach Cups	10 BREAKFAST Assorted Danish Cereal Bars Assorted Yogurt Fruit Juice / Chilled Fruit LUNCH Cheese Burgers Veggie Cup Baked French Fries Ham Chef Salad Gala Apple	11 GBREAKFAST Sausage Biscuit Cereal Bowl / Baby Carrot Fruit Juice / Chilled Fruit LUNCH Pepperoni Pizza Sun Chips / Carrots/Celery Diced Pears	Chef Salad Offers Daily Menu Subjects to Changes
14 BREAKFAST Blueberry Muffin Cereal Bowl / Variety Yoga Fruit Juice / Chilled Fruit LUNCH Popcorn Chicken Season Rice/Yeast Roll Green Beans/Field Peas Turkey / Ham Chef Salad WG crackers / Condiments/ Pineapple Cup	15 BREAKFAST Cereal Bowl/Cereal Bars Cheese Sticks Fruit Juice / Chilled Fruit LUNCH Pepperoni Pizza Slice Mexican Corn / Black Beans Turkey / Ham Chef Salad Crackers / Condiments Tangerines	16 BREAKFAST Pop Tart Pastry/ Cereal Bar Variety Yogurt Fruit Juice / Chilled Fruit LUNCH Cheeseburger on WWG Breads Baked potato wedge Mexican Corn Crackers / Condiments Bananas	17 BREAKFAST Banana Muffin Cheese String/ /Baby Carrot Fresh Apple Lunch Corn Dogs Steam Corn Baked Lay Chips/Fresh Fruit	18 BREAKFAST Turkey Ham Cheese Sliders Cereal Bar Fruit Juice / Chilled Fruit LUNCH Ham & Cheese Sandwich Baked Lay Chip Baby Carrots/ WWG Cookies / Applesauce	
21 BREAKFAST Assorted Bagel / Cereal Bowls Variety Yogurt Fruit Juice / Chilled Fruit LUNCH Corn Dogs Mexican Corn / Baby Carrots Turkey / Ham Chef Salad/Crackers / Mix Fruit Cup	22 BREAKFAST Cheese Grit Sausage Links Cereal Bowls R-F Cheese Stick Fruit Juice / Chilled Fruit LUNCH Turkey / Ham / Cheese Sandwich Lettuce / Tomato Slice Assorted WG Sun Chips Turkey / Ham Chef Salad/Crackers Mandarin Oranges	23 BREAKFAST Flavored Pancakes Sausage Links Fruit Juice / Chilled Fruit LUNCH Assorted BBQ Sandwich Baked Beans Creamy Cole Slaw Peach	24 BREAKFAST Blueberry Breakfast Slice Cereal Bowls R-F Cheese Stick Fruit Juice / Chilled Fruit LUNCH Chicken Tenders Seasoned Rice / Yeast Rolls Steamed Carrots / June Peas Turkey / Ham Chef Salad /Cracker Fresh Orange Slices	25 BREAKFAST Chicken Biscuit Sandwich Fruit Juice / Chilled Fruit LUNCH Beef Hotdog Sun Chips Baby Carrots Celery Stick WWG Cookies Golden Pears	
28 Breakfast Bananas Muffin Yogurt / Cereals Bowls Fruit Juice / Grapes Lunch Pop Corn Chicken Sun Chips Broccoli Celery / Apple Sauce	29 Breakfast Assorted Bagel Cereal Bowls / Yogurt Fruit Juice / Chilled Fruit Lunch Chopped BBQ Sandwich Baked Beans / Cole Slaws Fresh Pears	30 Breakfast Chocolate Chips Muffin Cereal Bars/Chilled Fruit Grape Juice Lunch Corn Dogs Steam Corn / Sun Chips Watermelon			